

# A NEW INSTRUMENT TO ASSESS EXECUTIVE FUNCTION IN ADHD DURING SCHOOL AGE

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## OBJECTIVES

To develop an psychometric instrument to assess ADHD from a **neuropsychological and dimensional perspective** to better **describe the deficits** and their **real impact** in the person's daily life, complementary to traditional performance test.

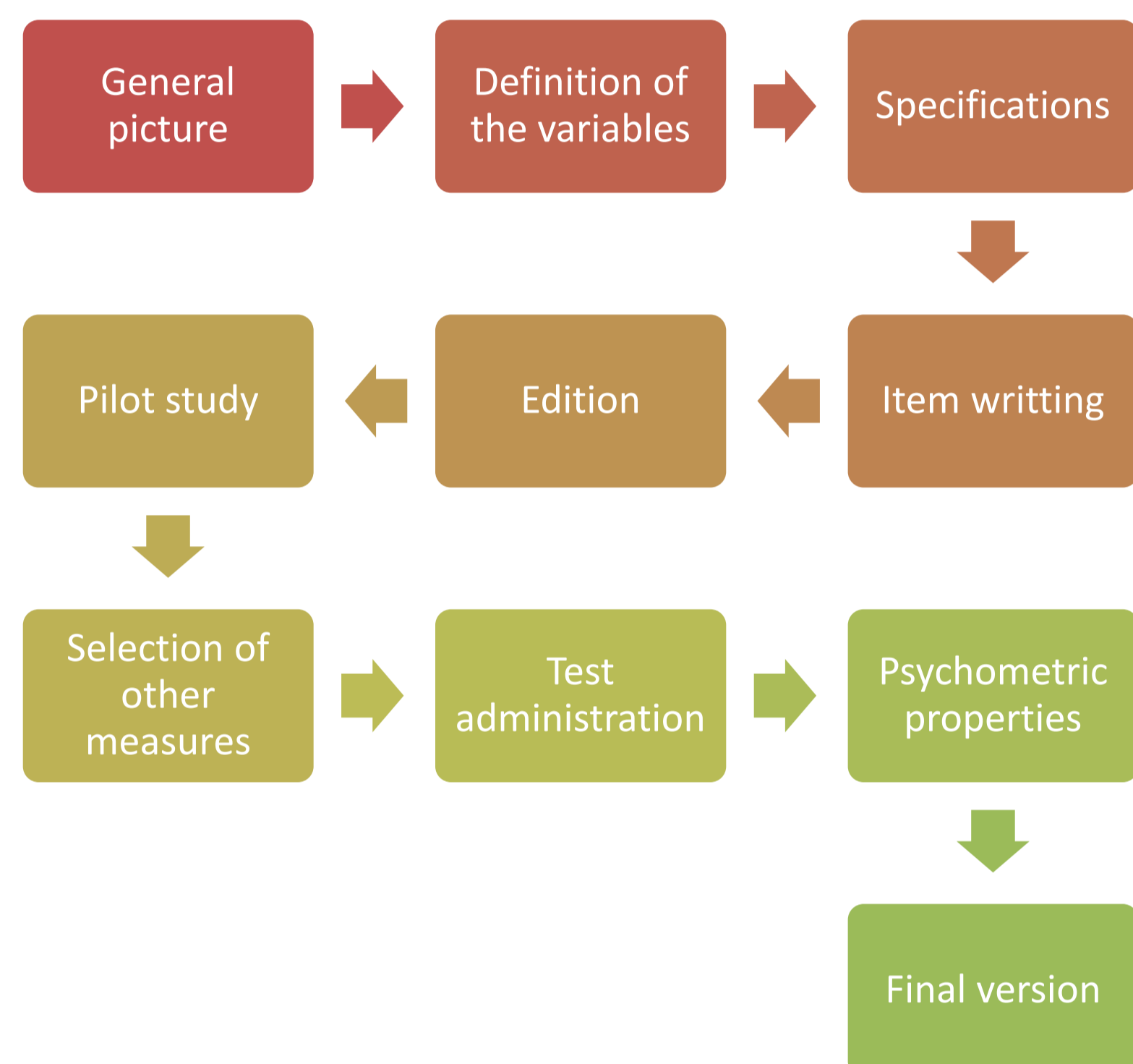
This instrument approach might be:

- Dimensional** Understand the disorder from a more global perspective, focusing on affected processes instead of just the compliant of diagnostic criteria.
- Ecological** Assess executive functioning in daily life through behavioral observation from parents and teachers, as well as the own child or teenager.
- Based on development** Adapted to the level of development of the executive processes during each school period, allowing a continuous follow-up during all school age.
- Comprehensive** Provide a broad profile of executive functions and other information relevant to help the clinician in the diagnostic process.
- Intervention-oriented** Identify weaknesses and strengths for a more adapted and personalized intervention planning.



## METHODS

### Test development



Initial pool of items  $n = 855$

Panel of experts



Academicians  
Psychometrists  
Clinicians  
 $n = 30$

- Relevance & Representativity
- Psychometrical and formal issues
- Writing, clarity & legibility

Pilot study



General sample  
 $n = 338$     Clinical sample  
 $n = 101$

Standardization study



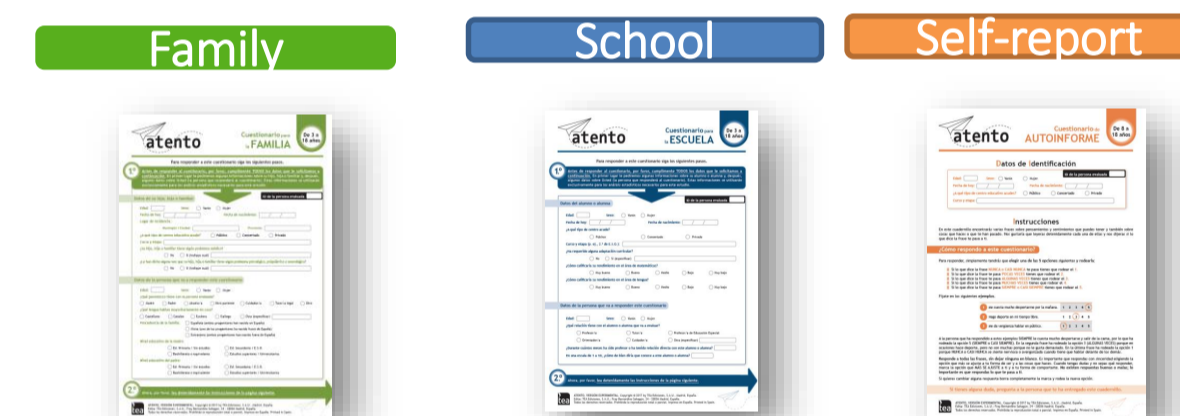
General sample  
 $n = 2.578$



Clinical sample  
 $n = 768$

48,9%    ♀    31,3%  
51,1%    ♂    68,7%

From 3 to 18 years old



\*Based on the Standards for Educational and Psychological Testing (AERA, APA and NCME, 2014).

## RESULTS

### RELIABILITY

Alfa de Cronbach

Scale	Family		School		Self-report
	L1	L2	L1	L2	-
INA Inattention	,87	,91	,91	,93	,88
HIP Hiperactivity and impulsivity	,90	,87	,91	,91	,85
TEM Tempo Cognitivo Lento	,82	,90	,90	,93	,89
ATE Attentional control	,93	,95	,96	,96	,93
CON Behavioural regulation	,91	,89	,93	,92	,86
EMO Emotional regulation	,91	,91	,90	,93	,90
MEM Working memory	,89	,94	,95	,96	,91
FLE Flexibility	,85	,88	,86	,92	,84
PLA Planification and organization	,86	,94	,94	,96	,89
ORI Temporal orientation	,81	,87	,88	,89	,77
PCO Behavioural problems	,83	,86	,85	,90	,85
SUE Sleeping problems	,83	,82	-	-	,81
FAM Impact in familiar context	,88	,89	-	-	,85
ESC Impact in scholar context	-	-	,91	,90	,83
SOC Impact in social context	,76	,82	,84	,90	,82

### VALIDITY

Discriminant capacity in clinical samples



### VALIDITY

Correlations with ADHD-5

ATENTO Family	ADHD-5 Family			
	INA	HIP	IMP	IMP-HIP
Ina	,60	,40	,36	,36
Hip	,29	,73	,31	,51
Ate	,58	,46	,36	,39
Con	,32	,74	,34	,52
Emo	,36	,47	,45	,52
Mem	,43	,28	,24	,28
Pla	,57	,33	,38	,31



Note: T scale; M = 50; Sd = 10

## CONCLUSIONS

To develop a psychometric test is necessary to carry out a planned and rigorous procedure in order to establish its reliability and validity with guarantees.

In our case, the instrument has shown **satisfactory psychometric properties** in Spanish population: high alfa coefficients, high correlations with ADHD-5 related scales and good capacity to discriminate between general scholar population and ADHD diagnosticated cases.

According to recent scientific evidences, ADHD seems to be characterized by an executive profile of **lower attentional, working memory, planning and organization and temporal orientation** scores in comparison with the profile of general population. This pattern of dysfunctions may be related with the presence of adaptation problems in familiar, scholar and social contexts.